

Los Angeles County District Attorney Bureau of Investigation

FORCE TRAINING PROGRAM **ARREST AND CONTROL 6 HOUR CURRICULUM**

Course Purpose

The purpose of this course is to provide investigators with proper training in the latest laws, department policy and defensive tactic skills to effect an arrest, overcome resistance, prevent escape and to preserve life when objectively reasonable.

- I. Registration / Safety briefing.
- II. Penal Codes, Case Law and Bureau Policy.
- III. Body Physics & Dynamics (response to force).
- IV. Warm up for practical application exercises.
- V. Handcuffing and Search Techniques
- VI. Takedowns
- VII. Personal Weapon Techniques (review)
- VIII. Weapons Retention
- IX. Carotid Restraint
- X. Total Appendage Restraint System (TARP)
- XI. Impact Weapons Review (ASP)
- XII. Test / Remediate learned techniques.
- XIII. Recovery / Evaluation