

# LESSON PLAN COVER SHEET

<b>COURSE TITLE:</b> <b>CPR/First Aid Skills Certification Course</b>	
<b>LESSON TITLE:</b> CPR/First Aid Skills Certification Course	
<b>INSTRUCTOR(S):</b> Bureau Certified Instructors	
<b>PREPARED BY:</b>	<b>Date:</b>
<b>REVISED BY:</b>	<b>REVISION DATE:</b>

<b>TIME FRAME:</b> 4 hours
<b>SUGGESTED SCHEDULE:</b>

<b>TARGET AUDIENCE/SIZE:</b> 20 Students
<b>SPACE REQUIREMENTS:</b> Classroom w/ tables and chairs

<p><b>PERFORMANCE OBJECTIVES:</b> <i>At the end of this session, participants will be able to:</i></p> <ol style="list-style-type: none"> <li>1. Conduct an initial patient assessment</li> <li>2. Place patient in recovery position</li> <li>3. 1 &amp; 2 rescuer adult &amp; infant CPR</li> <li>4. Operate an AED</li> <li>5. Apply a tourniquet/bleeding control procedures</li> <li>6. Proper glove removal</li> <li>7. Splinting procedures (immobilize body part)</li> </ol>
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<p><b>EVALUATION PROCEDURES:</b> <i>(Testing Methodology)</i></p> <p>Online POST test &amp; Skills (practical) Application.</p>
<p><b>TEACHING METHODS:</b></p> <p>Lecture, Demonstration, Q &amp; A with students, Practical Application by Students.</p>

# LESSON PLAN WORK SHEET

## EQUIPMENT AND SUPPLIES NEEDED:

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| <input type="checkbox"/> Laptop                         | <input type="checkbox"/> P/A System                      |
| <input type="checkbox"/> Presentation software          | <input checked="" type="checkbox"/> Demonstration Models |
| <input type="checkbox"/> Dry Erase board/Chalkboard     | <input type="checkbox"/> Pencils                         |
| <input type="checkbox"/> Audio player                   | <input type="checkbox"/> Pens                            |
| <input type="checkbox"/> Electrical power strip & cords | <input type="checkbox"/> Chalk                           |
| <input type="checkbox"/> Computer extension cords       | <input type="checkbox"/> Marking Pens                    |
| <input type="checkbox"/> Remote control for laptop      | <input type="checkbox"/> Dry Erase Board Pens            |
| <input type="checkbox"/> LCD Projector                  | <input type="checkbox"/> Masking Tape                    |
| <input type="checkbox"/> Inert/unloaded training aids   | <input type="checkbox"/> Eraser                          |
| <input type="checkbox"/> DVD/VHS Player                 | <input type="checkbox"/> Video Tape                      |
| <input type="checkbox"/> Video Camera & tripod          | <input type="checkbox"/> Audio Tape                      |
| <input type="checkbox"/> Television                     | <input type="checkbox"/> Evaluations                     |
| <input type="checkbox"/> Tape recorder                  | <input type="checkbox"/> Writing Paper                   |
| <input checked="" type="checkbox"/> Student manuals     | <input checked="" type="checkbox"/> Testing Material     |
| <input type="checkbox"/> Other: Red Gun/Rifle           |  |

## REFERENCES:

EMSA – California Code of Regulations- Title 22

## STUDENT MATERIALS:

1. Pen/Pencil and note taking material.

## INSTRUCTOR MATERIALS:

See Above

INSTRUCTIONAL CONTENT	TRAINER NOTES
<p><b><u>Introduction:</u></b></p> <ol style="list-style-type: none"> <li>1. Instructor introduction</li> <li>2. Administrative requirements</li> <li>3. Topic introduction</li> </ol>	
<p><b><u>Presentation: First Aid/CPR Skills Certification</u></b></p> <ol style="list-style-type: none"> <li>1. Initial Assessment</li> <li>2. Recovery Positions</li> <li>3. 1 Rescuer CPR</li> <li>4. AED</li> <li>5. Infant CPR</li> <li>6. Tourniquet</li> <li>7. Immobilize body part</li> <li>8. Glove Removal</li> </ol>	